

Handball Invasion

LKS Year 3 Skills

Lesson 1
What is the
role of an
attacker?

shoulder pass

Lesson 2
What 3
ways could
we beat a
defender?

dodge

Lesson 3
What
decisions
can be made
in an
attack?

possession

Lesson 4
What is the
role of the
defender?

opposition

Lesson 5
Why is
teamwork
important
when using
tactics?

tactics

Lesson 6
Assessment:
Can you
apply skills,
rules and
tactics to
play games?

free pass

What will we be learning about over the coming weeks?

Handball Invasion

LKS Year 4 Skills

Lesson 1
What attacking skills can be used within a game?

bounce pass
chest pass
shoulder pass

Lesson 2
How do we lose a defender and find space?

sprinting

Lesson 3
Is shooting an attacking or defending skill?

momentum

Lesson 4
How do we intercept a pass and gain possession?

intercept
track

Lesson 5
How do we delay an opponent and gain possession?

delay

Lesson 6
Assessment:
Can you apply skills and knowledge to compete in a tournament?

referee

What will we be learning about over the coming weeks?

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UKS Year 5 Skills

Lesson 1
Can you
send a
receive
under
pressure?

bounce pass
chest pass
shoulder pass

Lesson 2
Can you
move
towards the
goal, away
from
defenders
and create
space?

dribbling

Lesson 3
Can you
combine
attacking
skills to
create
shooting
opportunities?

dynamic

Lesson 4
What
defensive
skills gain
possession?

intercept
tracking

Lesson 5
Can you
defend as a
team, deny
space and
gain
possession?

closing down space

Lesson 6
Assessment:
Can you
apply rules,
tactics,
skills and
principles to
play in a
tournament?

tournament

What will we be learning about over the coming weeks?

Handball Invasion

UKS Year 6 Skills

Lesson 1
What attacking skills can be used to maintain possession under pressure?

bounce pass
jump pass
shoulder pass

Lesson 2
Can you create space, move towards the goal and away from defenders?

dribbling

Lesson 3
What skills can be used to score goals?

drive shot
jump shot

Lesson 4
How do we prevent an opponent from scoring using defending skills?

maintain

Lesson 5
What defensive techniques can you incorporate?

dictate

Lesson 6
Assessment:
Can you apply rules, skills and principles to play in a tournament?

determined

What will we be learning about over the coming weeks?