

Netball Invasion

LKS Year 3 Skills

Lesson 1
What is the
role of the
attacker
when in
possession?

pivot
chest pass

Lesson 2
What
movement
skills help
to lose a
defender?

collide
dodge

Lesson 3
How do we
score goals?

shooter

Lesson 4
What is the
role of the
defender?

opposition
stance

Lesson 5
How can we
use
intercepting
as a
defending
skill?

obstruction
rule

Lesson 6
Assessment:
Can you
apply skills
and
knowledge
to play
games
using
netball
rules?

umpire

What will we be learning about over the coming weeks?

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LKS Year 4 Skills

Lesson 1
How do we
dribble
whilst
attacking?

timing

Lesson 2
How do we
change
direction
and speed
when
dribbling?

decision

Lesson 3
What are the
four s's
when
passing the
ball?

gain

Lesson 4
How do we
attack to
move
towards the
goal?

accelerate

Lesson 5
What
defending
skills are
used to
delay an
opponent
and gain
possession?

obstruct

Lesson 6
Assessment:
Can you
apply skills
and
knowledge
to compete
in a
tournament?

*throw in
corner*

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UKS Year 5 Skills

Lesson 1
What passes
can be used
in different
situations?

bounce pass
shoulder pass

Lesson 2
What
movement
skills can
we use to
lose a
defender in
different
situations?

accelerate
sprinting

Lesson 3
Can you
communicate
with your
team, move
into space
and take the
ball
towards the
goal?

drive

Lesson 4
How can we
defend an
opponent
and know
when to try
and
intercept?

marking
intercept

Lesson 5
Can you
demonstrate
the shooting
action under
pressure?

rebound
contact

Lesson 6
Assessment:
Can you
apply skills,
principles
and tactics
to a game?

held ball
obstruction
out of court

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UKS Year 6 Skills

Lesson 1
How can we pass and move to maintain possession?

footwork

Lesson 2
Can you demonstrate a variety of attacking skills to lose a defender?

achievements

Lesson 3
Can you move into and create space to support a teammate?

ball carrier
side step facing

Lesson 4
How do we use defending skills to gain possession?

ball side
turnover

Lesson 5
How do we develop accuracy in the shooting action under pressure?

consistently

Lesson 6
Assessment:
Can you apply skills, principles and tactics to a game situation?

tactical
positional

What will we be learning about over the coming weeks?