

Rugby Invasion

LKS Year 3 Skills

Lesson 1
What is the correct technique for handling a rugby ball?

try
W hands up

Lesson 2
How do we throw, catch and run with the ball?

pendulum arms

Lesson 3
How do we defend by taking an attacker's tag?

agility

Lesson 4
How do we communicate to defend as a team?

communicate
teamwork

Lesson 5
What attacking skills help us get to the try line?

try line

Lesson 6
Assessment:
Can you apply rules and skills to take part in a small sided game?

referee

What will we be learning about over the coming weeks?

Rugby Invasion

LKS Year 4 Skills

Lesson 1

How do we throw, catch and run with the ball?

accelerate
gain

Lesson 2

How do we defend whilst using tagging rules?

deny
pressure

Lesson 3

What technique do we use for a 'forward pass'?

What is the offside rule?

offside
onside

Lesson 4

How do we dodge a defender?

momentum
timing

Lesson 5

How do you track an opponent?

limit
decision

Lesson 6

Assessment: Can you apply rules and skills to play in a tag rugby tournament?

obstruct
support

What will we be learning about over the coming weeks?

Rugby Invasion

UKS Year 5 Skills

Lesson 1

How do we throw and receive a ball?

ball carrier
close down

Lesson 2

When should we pass or run with the ball?

create
drive

Lesson 3

How do you demonstrate a backwards pass?

angle
backwards
pass

Lesson 4

How do we prevent the opposition from scoring whilst applying the offside rule?

stance
tagging

Lesson 5

How do we dodge?
What is its purpose?

situation
React

Lesson 6

Assessment:
Can you apply rules and skills to take part in a competitive tag rugby game?

sportsmanship
Reigning

What will we be learning about over the coming weeks?

Rugby Invasion

UKS Year 6 Skills

Lesson 1

Can you select the appropriate skill of when to run or when to pass?

Assess

Lesson 2

When should you move into space to support our team mate whilst abiding by the rules?

*abide
ball side*

Lesson 3

What defending skills do you use to gain possession?

*turnover
consecutive*

Lesson 4

How do you work as a defending unit to prevent attackers from scoring?

dodging

Lesson 5

What attacking skills can you use to beat a defender?

agility

Lesson 6

Assessment: Can you apply skills, principles and tactics to compete in a tag rugby tournament?

sportsmanship

What will we be learning about over the coming weeks?