

Tennis Net and Wall

LKS Year 3 Skills

Lesson 1
Can you demonstrate racket and ball control?

control

Lesson 2
Can you demonstrate rallying using a forehand?

rallying

Lesson 3
How do you return the ball using a forehand?

forehand

Lesson 4
How do you return the ball using a backhand?

backhand

Lesson 5
How do you score and what are the simple rules?

court

Lesson 6
Assessment:
Can you work co-operatively with others to begin to manage a game?

co-operation

What will we be learning about over the coming weeks?

Tennis Net and Wall

LKS Year 4 Skills

Lesson 1
Can you demonstrate racket and ball control?

reflect

Lesson 2
Can you return the ball using a forehand?

swing

Lesson 3
Can you return the ball using a backhand?

receiver

Lesson 4
Can you keep a continuous rally going showing increased technique?

alternate

Lesson 5
Can you apply rules and simple tactics?

deny

Lesson 6
Assessment:
Can you use rules to manage a game?

compete

What will we be learning about over the coming weeks?

Tennis Net and Wall

UKS Year 5 Skills

Lesson 1
Can you return the ball using a forehand groundstroke under pressure?

groundstroke

Lesson 2
Can you return the ball using a backhand groundstroke under pressure?

non-
dominant
dominant

Lesson 3
Can you use a variety of shots to keep a continuous rally going?

readjust
technique

Lesson 4
How do you perform an underarm serve?
What are the rules of serving?

serve

Lesson 5
What is a volley and when do you use it?

volley

Lesson 6
Assessment:
Can you apply rules, skills and principles to play against an opponent?

pressure
sportsmanship

What will we be learning about over the coming weeks?

Tennis Net and Wall

UKS Year 6 Skills

Lesson 1
Can you develop placement of the ball using a forehand?

placement

Lesson 2
Can you develop placement of the ball using a backhand?

stance

Lesson 3
Can you develop the volley and understand when to use it?

footwork

Lesson 4
Can you employ tactics when playing with a partner?

doubles

Lesson 5
Can you develop accuracy and consistency using the underarm serve?

service

Lesson 6
Assessment:
Can you apply rules, skills and principles to play against an opponent?

abide

What will we be learning about over the coming weeks?