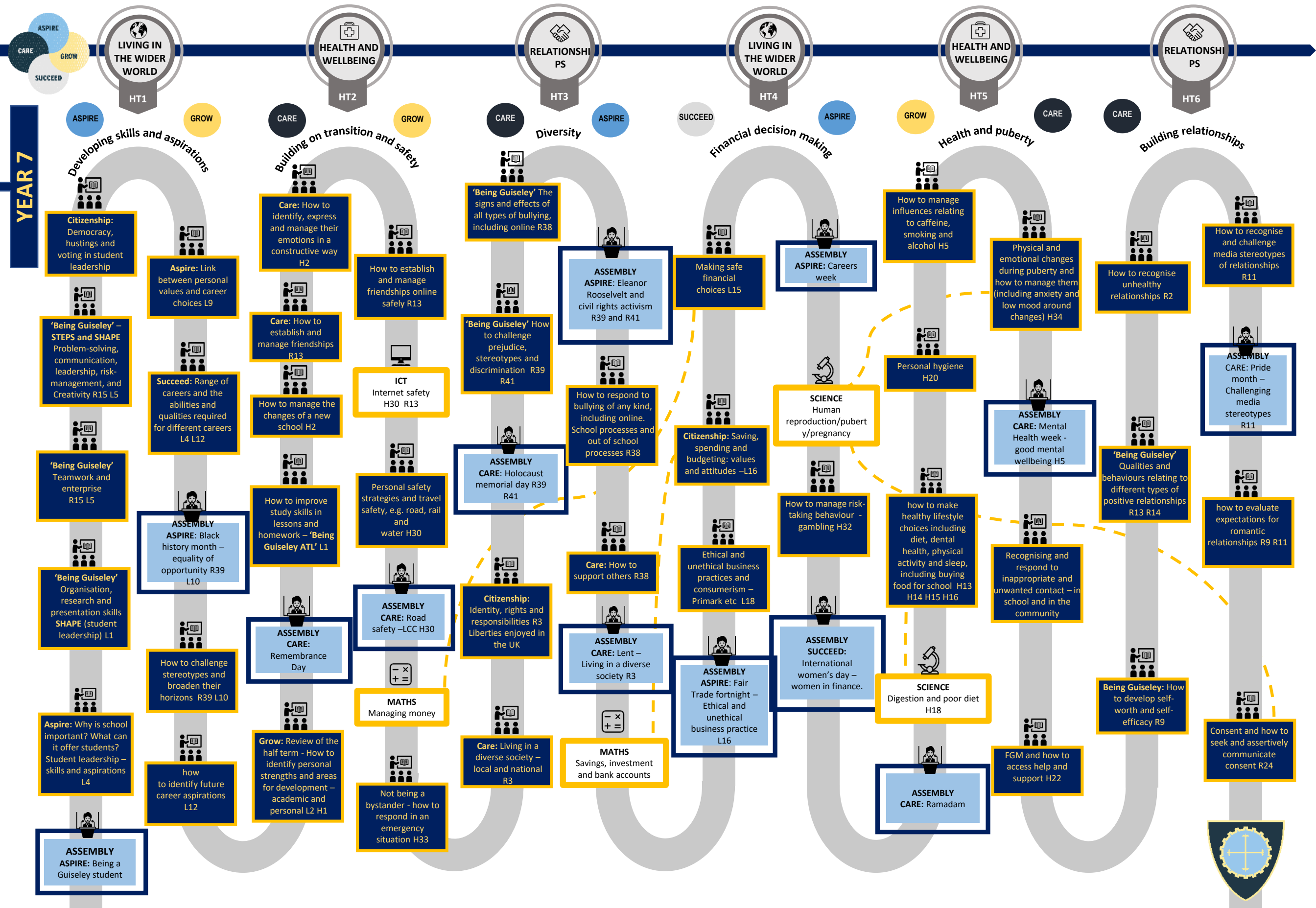


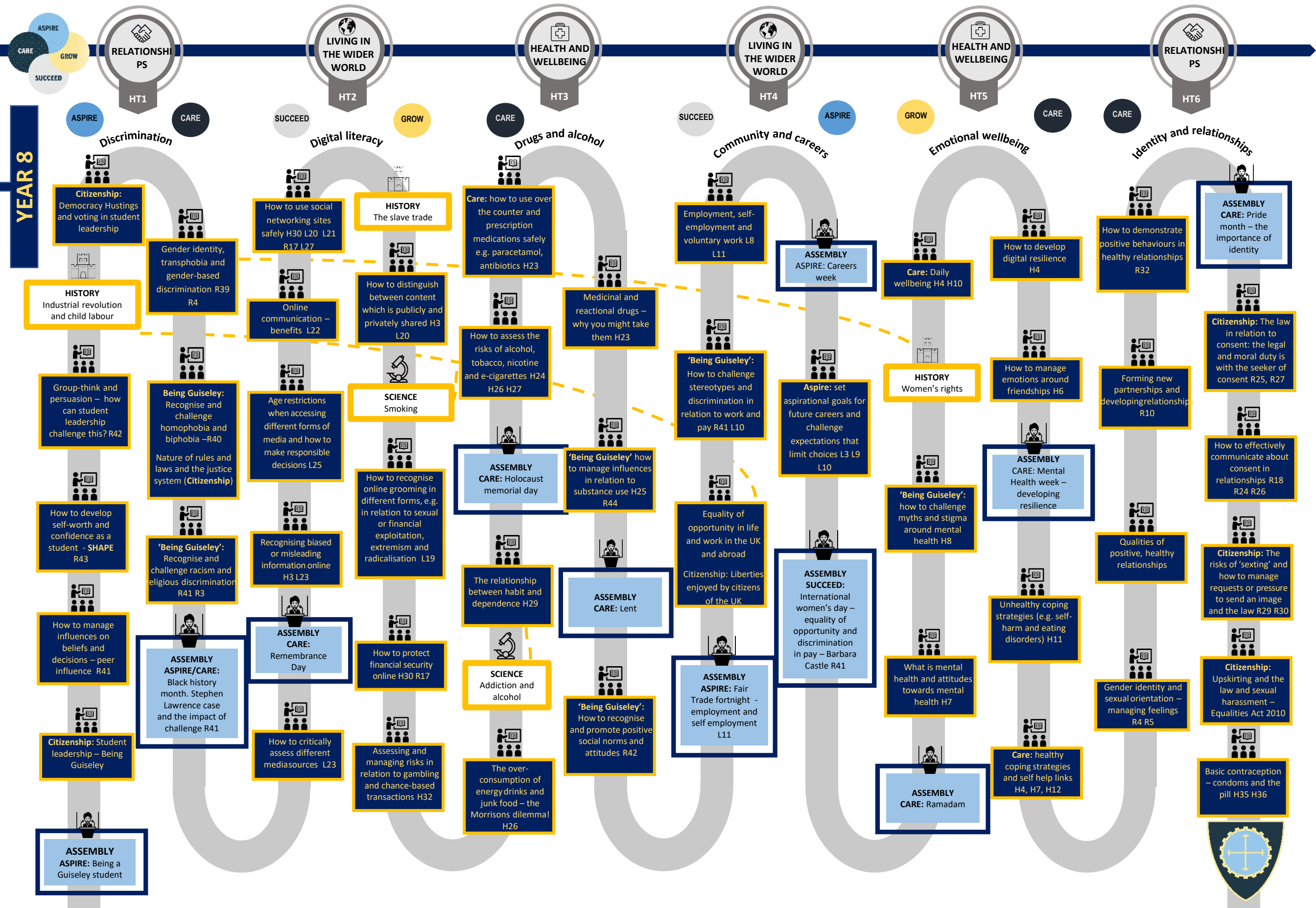
# Delivery model

|    | Mon 8.30-9.00                                      | Tues 8.30-9.00                                     | Weds 8.30-9.00              | Thurs 8.30-9.00             | Fri 8.30-9.00               |
|----|--|--|-----------------------------|-----------------------------|-----------------------------|
| 7  | Assembly   | Planners, mentoring and student leadership updates | ATL, attendance and reading | PSHE                        | PSHE                        |
| 8  | Planners, mentoring and student leadership updates | Assembly   | ATL, attendance and reading | PSHE                        | PSHE                        |
| 9  | Planners, mentoring and student leadership updates | ATL, attendance and reading                        | Assembly                    | PSHE                        | PSHE                        |
| 10 | Planners, mentoring and student leadership updates | PSHE   | PSHE                        | Assembly                    | ATL, attendance and reading |
| 11 | Planners, mentoring and student leadership updates | PSHE   | PSHE                        | ATL, attendance and reading | Assembly                    |

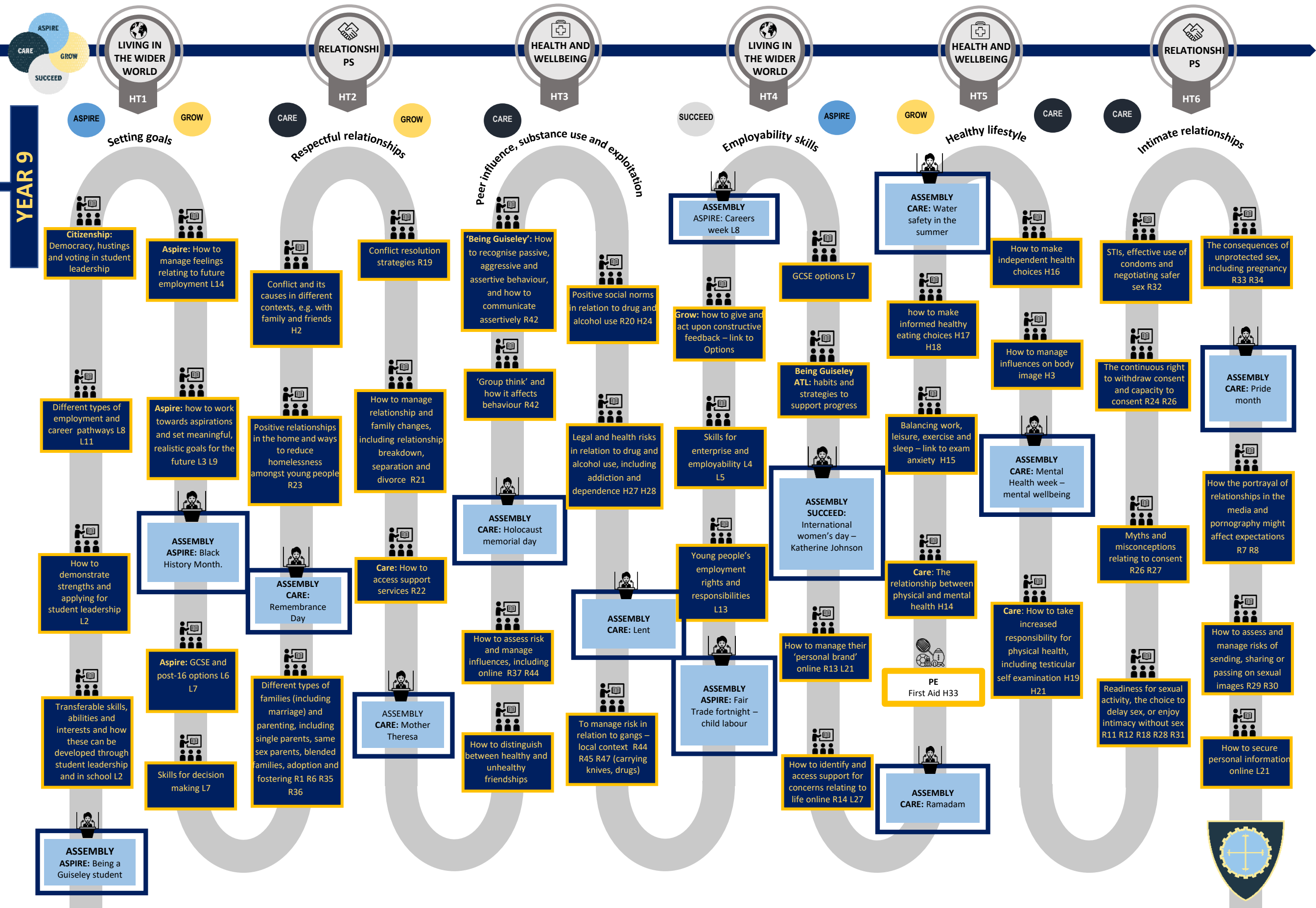
YEAR 7



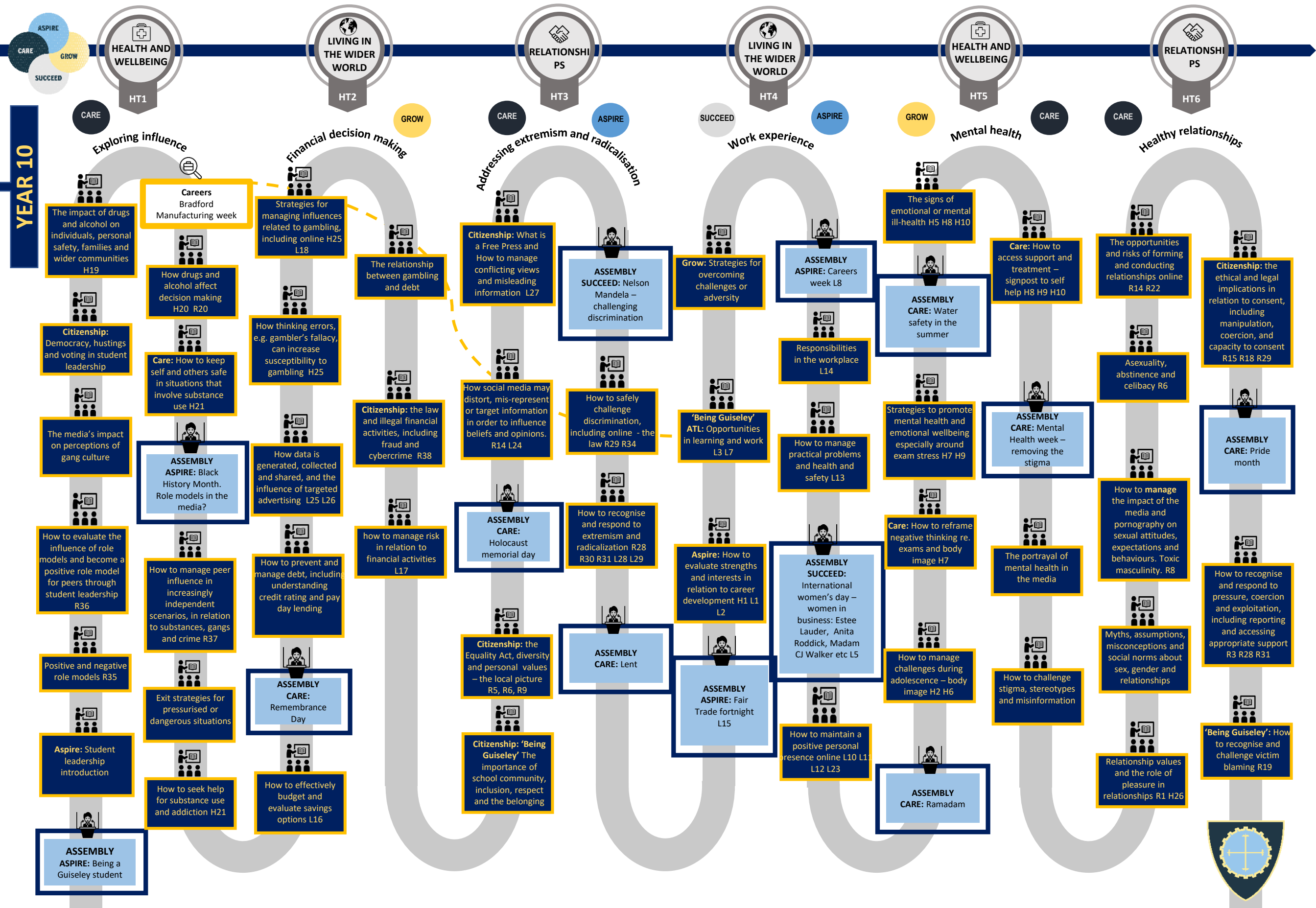
YEAR 8



**YEAR 9**



YEAR 10



**HEALTH AND WELLBEING**  
HT1

**LIVING IN THE WIDER WORLD**  
HT2

**RELATIONSHIPS**  
HT3

**LIVING IN THE WIDER WORLD**  
HT4

**HEALTH AND WELLBEING**  
HT5

**RELATIONSHIPS**  
HT6

**Exploring influence**

**Financial decision making**

**Addressing extremism and radicalisation**

**Work experience**

**Mental health**

**Healthy relationships**

**CARE**  
The impact of drugs and alcohol on individuals, personal safety, families and wider communities H19

**CARE**  
Careers Bradford Manufacturing week

**GROW**  
Strategies for managing influences related to gambling, including online H25 L18

**CARE**  
The relationship between gambling and debt

**ASPIRE**  
**Citizenship:** What is a Free Press and How to manage conflicting views and misleading information L27

**ASSEMBLY SUCCEED:** Nelson Mandela – challenging discrimination

**SUCCEED**  
Grow: Strategies for overcoming challenges or adversity

**ASSEMBLY ASPIRE:** Careers week L8

**GROW**  
The signs of emotional or mental ill-health H5 H8 H10

**CARE**  
Care: How to access support and treatment – signpost to self help H8 H9 H10

**CARE**  
The opportunities and risks of forming and conducting relationships online R14 R22

**CARE**  
**Citizenship:** the ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent R15 R18 R29

**Citizenship:** Democracy, hustings and voting in student leadership

**CARE**  
How drugs and alcohol affect decision making H20 R20

**CARE**  
How thinking errors, e.g. gambler's fallacy, can increase susceptibility to gambling H25

**Citizenship:** the law and illegal financial activities, including fraud and cybercrime R38

**ASSEMBLY SUCCEED:** How to safely challenge discrimination, including online - the law R29 R34

**ASSEMBLY CARE:** How to recognise and respond to extremism and radicalization R28 R30 R31 L28 L29

**ASPIRE**  
'Being Guiseley' ATL: Opportunities in learning and work L3 L7

**ASSEMBLY CARE:** Responsibilities in the workplace L14

**ASSEMBLY CARE:** Water safety in the summer

**ASSEMBLY CARE:** Mental Health week – removing the stigma

**CARE**  
Asexuality, abstinence and celibacy R6

**ASSEMBLY CARE:** Pride month

**Citizenship:** The media's impact on perceptions of gang culture

**CARE**  
Care: How to keep self and others safe in situations that involve substance use H21

**ASSEMBLY ASPIRE:** Black History Month. Role models in the media?

**ASSEMBLY CARE:** How to manage risk in relation to financial activities L17

**ASSEMBLY CARE:** How to manage risk in relation to financial activities L17

**ASSEMBLY CARE:** Holocaust memorial day

**ASPIRE:** How to evaluate strengths and interests in relation to career development H1 L1 L2

**ASSEMBLY SUCCEED:** How to manage practical problems and health and safety L13

**CARE**  
Strategies to promote mental health and emotional wellbeing especially around exam stress H7 H9

**ASSEMBLY CARE:** Care: How to reframe negative thinking re. exams and body image H7

**CARE**  
How to manage the impact of the media and pornography on sexual attitudes, expectations and behaviours. Toxic masculinity. R8

**ASSEMBLY CARE:** How to recognise and respond to pressure, coercion and exploitation, including reporting and accessing appropriate support R3 R28 R31

**CARE**  
How to evaluate the influence of role models and become a positive role model for peers through student leadership R36

**ASSEMBLY ASPIRE:** How to manage peer influence in increasingly independent scenarios, in relation to substances, gangs and crime R37

**ASSEMBLY CARE:** How to prevent and manage debt, including understanding credit rating and pay day lending

**ASSEMBLY CARE:** How to prevent and manage debt, including understanding credit rating and pay day lending

**Citizenship:** the Equality Act, diversity and personal values – the local picture R5, R6, R9

**ASSEMBLY CARE:** How to recognise and respond to extremism and radicalization R28 R30 R31 L28 L29

**ASPIRE:** How to evaluate strengths and interests in relation to career development H1 L1 L2

**ASSEMBLY SUCCEED:** International women's day – women in business: Estee Lauder, Anita Roddick, Madam CJ Walker etc L5

**CARE**  
Care: How to reframe negative thinking re. exams and body image H7

**ASSEMBLY CARE:** The portrayal of mental health in the media

**CARE**  
Myths, assumptions, misconceptions and social norms about sex, gender and relationships

**ASSEMBLY CARE:** How to recognise and respond to pressure, coercion and exploitation, including reporting and accessing appropriate support R3 R28 R31

**CARE**  
Positive and negative role models R35

**ASSEMBLY CARE:** Exit strategies for pressurised or dangerous situations

**ASSEMBLY CARE:** How to prevent and manage debt, including understanding credit rating and pay day lending

**ASSEMBLY CARE:** How to prevent and manage debt, including understanding credit rating and pay day lending

**Citizenship:** 'Being Guiseley' The importance of school community, inclusion, respect and the belonging

**ASSEMBLY CARE:** How to recognise and respond to extremism and radicalization R28 R30 R31 L28 L29

**ASSEMBLY ASPIRE:** Fair Trade fortnight L15

**ASSEMBLY SUCCEED:** How to maintain a positive personal presence online L10 L11 L12 L23

**CARE**  
How to manage challenges during adolescence – body image H2 H6

**ASSEMBLY CARE:** How to challenge stigma, stereotypes and misinformation

**CARE**  
Relationship values and the role of pleasure in relationships R1 H26

**'Being Guiseley':** How to recognise and challenge victim blaming R19

**ASPIRE:** Student leadership introduction

**ASSEMBLY CARE:** How to seek help for substance use and addiction H21

**ASSEMBLY CARE:** How to prevent and manage debt, including understanding credit rating and pay day lending

**ASSEMBLY CARE:** How to prevent and manage debt, including understanding credit rating and pay day lending

**Citizenship:** 'Being Guiseley' The importance of school community, inclusion, respect and the belonging

**ASSEMBLY CARE:** How to recognise and respond to extremism and radicalization R28 R30 R31 L28 L29

**ASSEMBLY ASPIRE:** Fair Trade fortnight L15

**ASSEMBLY SUCCEED:** How to maintain a positive personal presence online L10 L11 L12 L23

**ASSEMBLY CARE:** How to manage challenges during adolescence – body image H2 H6

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Relationship values and the role of pleasure in relationships R1 H26

**'Being Guiseley':** How to recognise and challenge victim blaming R19

**ASSEMBLY ASPIRE:** Being a Guiseley student

**ASSEMBLY CARE:** How to seek help for substance use and addiction H21

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**ASSEMBLY CARE:** How to recognise and respond to extremism and radicalization R28 R30 R31 L28 L29

**ASSEMBLY ASPIRE:** Fair Trade fortnight L15

**ASSEMBLY SUCCEED:** How to maintain a positive personal presence online L10 L11 L12 L23

**ASSEMBLY CARE:** How to manage challenges during adolescence – body image H2 H6

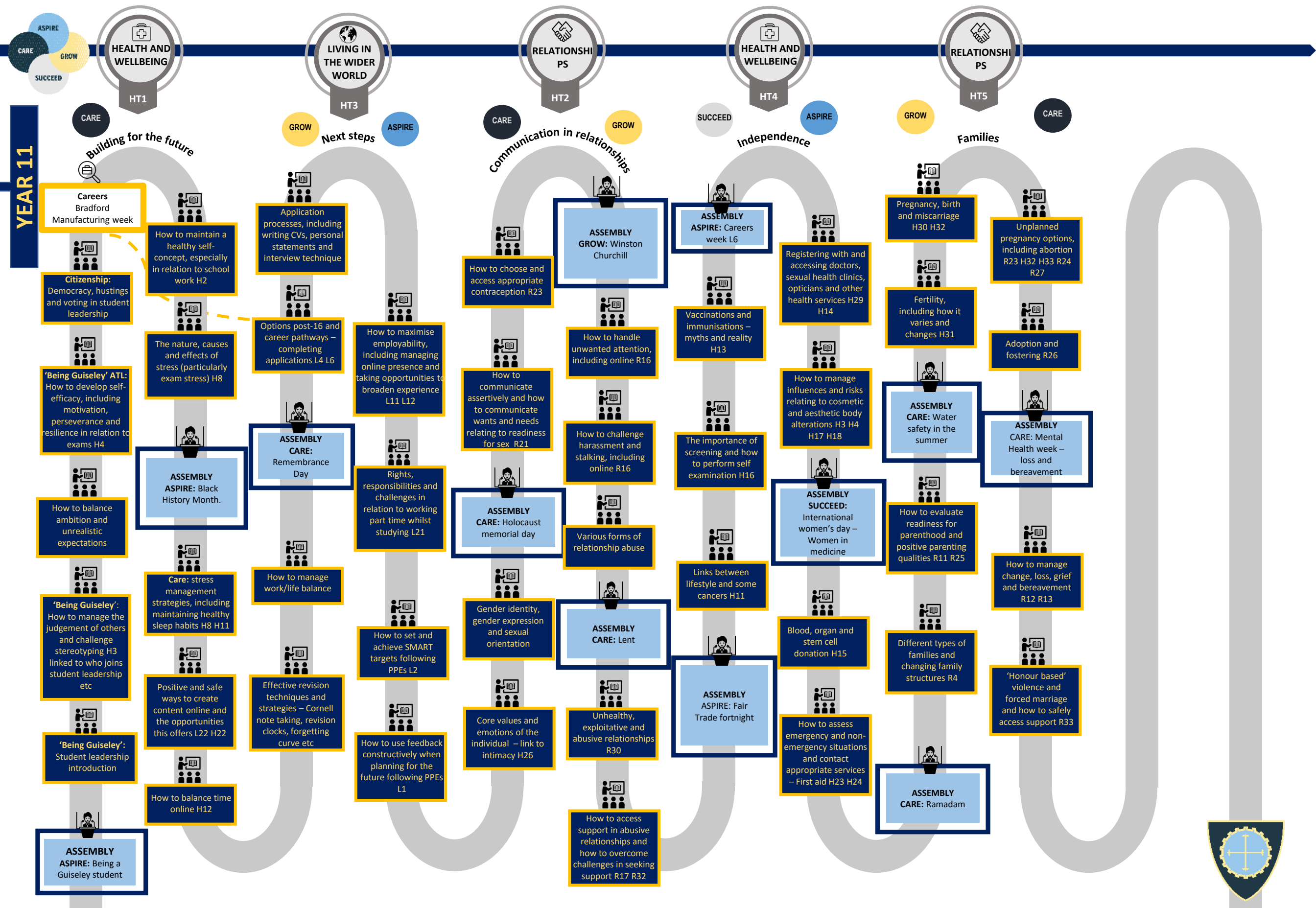
**ASSEMBLY CARE:** How to challenge stigma, stereotypes and misinformation

**CARE**  
Relationship values and the role of pleasure in relationships R1 H26

**'Being Guiseley':** How to recognise and challenge victim blaming R19



YEAR 11



**HT1**  
HEALTH AND WELLBEING

**HT3**  
LIVING IN THE WIDER WORLD

**HT2**  
RELATIONSHIPS

**HT4**  
HEALTH AND WELLBEING

**HT5**  
RELATIONSHIPS

Building for the future

Next steps

Communication in relationships

Independence

Families

**Careers**  
Bradford  
Manufacturing week

How to maintain a healthy self-concept, especially in relation to school work H2

Application processes, including writing CVs, personal statements and interview technique

**Citizenship:**  
Democracy, hustings and voting in student leadership

The nature, causes and effects of stress (particularly exam stress) H8

Options post-16 and career pathways – completing applications L4 L6

**'Being Guiseley' ATL:**  
How to develop self-efficacy, including motivation, perseverance and resilience in relation to exams H4

**ASSEMBLY ASPIRE:** Black History Month.

**ASSEMBLY CARE:** Remembrance Day

How to balance ambition and unrealistic expectations

**Care:** stress management strategies, including maintaining healthy sleep habits H8 H11

How to manage work/life balance

**'Being Guiseley':** How to manage the judgement of others and challenge stereotyping H3 linked to who joins student leadership etc

Positive and safe ways to create content online and the opportunities this offers L22 H22

Effective revision techniques and strategies – Cornell note taking, revision clocks, forgetting curve etc

**'Being Guiseley':** Student leadership introduction

How to balance time online H12

How to use feedback constructively when planning for the future following PPEs L1

**ASSEMBLY ASPIRE:** Being a Guiseley student

How to maximise employability, including managing online presence and taking opportunities to broaden experience L11 L12

Rights, responsibilities and challenges in relation to working part time whilst studying L21

How to set and achieve SMART targets following PPEs L2

How to access support in abusive relationships and how to overcome challenges in seeking support R17 R32

How to choose and access appropriate contraception R23

How to communicate assertively and how to communicate wants and needs relating to readiness for sex R21

**ASSEMBLY CARE:** Holocaust memorial day

Gender identity, gender expression and sexual orientation

Core values and emotions of the individual – link to intimacy H26

**ASSEMBLY GROW:** Winston Churchill

How to handle unwanted attention, including online R16

How to challenge harassment and stalking, including online R16

Various forms of relationship abuse

**ASSEMBLY CARE:** Lent

Unhealthy, exploitative and abusive relationships R30

How to access support in abusive relationships and how to overcome challenges in seeking support R17 R32

**ASSEMBLY ASPIRE:** Careers week L6

Vaccinations and immunisations – myths and reality H13

The importance of screening and how to perform self examination H16

Links between lifestyle and some cancers H11

**ASSEMBLY ASPIRE:** Fair Trade fortnight

How to access support in abusive relationships and how to overcome challenges in seeking support R17 R32

Registering with and accessing doctors, sexual health clinics, opticians and other health services H29 H14

How to manage influences and risks relating to cosmetic and aesthetic body alterations H3 H4 H17 H18

**ASSEMBLY SUCCEED:** International women's day – Women in medicine

Blood, organ and stem cell donation H15

How to assess emergency and non-emergency situations and contact appropriate services – First aid H23 H24

**ASSEMBLY CARE:** Ramadam

Pregnancy, birth and miscarriage H30 H32

Fertility, including how it varies and changes H31

**ASSEMBLY CARE:** Water safety in the summer

How to evaluate readiness for parenthood and positive parenting qualities R11 R25

Different types of families and changing family structures R4

Unplanned pregnancy options, including abortion R23 H32 H33 R24 R27

Adoption and fostering R26

**ASSEMBLY CARE:** Mental Health week – loss and bereavement

How to manage change, loss, grief and bereavement R12 R13

'Honour based' violence and forced marriage and how to safely access support R33

