

PSHE Cycle B 3/4

Drug, alcohol and tobacco education: Tobacco is a drug

Lesson 1

What is the definition of 'drug'?

Can they be harmful to people?

helpful
harmful

Lesson 2

What are the effects and risks of smoking tobacco and second-hand smoke?

laws
healthy

Lesson 3

What help is available for people to remain smoke-free or stop smoking?

'stop smoking toolkit'
benefits

Lesson 4

Assessment

What will we be learning about over the coming weeks?

PSHE Cycle B 5/6

Drug, alcohol and tobacco education: Different influences

Lesson 1

What are the risks involved with smoking drugs?

cigarettes
e-cigarettes
shisha
cannabis

Lesson 2

What are the different influences on drug use?

persuade
encourage

Lesson 3

What strategies are there to resist pressure from others about whether to use drugs? (smoking drugs & alcohol)

pressure
scenario

Lesson 4

Assessment

What will we be learning about over the coming weeks?