



WESTFIELD NEWS

Wednesday 23rd April 2025

Contact: 0113 250 3395 or email office@yeadonwestfieldjuniorschool.co.uk

Dates for your Diary

Thursday 8 th May	VE Day 80 th Anniversary celebration (more info below)
Monday 12 th May to Thursday 15 th May	Year 6 - SATs
Friday 16 th May	Year 5 & 6 Muddy Puddle Day
Wednesday 21 st May	Class photo day
Friday 23 rd May	Numeracy Day - children can dress up as a Rockstar and take part in a TTR event.
Friday 23 rd May	Year 6 - Brownlee Triathlon
Friday 23 rd May	Break up for half term
Monday 2 nd June	Children return to school
Monday 30 th June to Friday 4 th July	Year 6 Herd Farm Residential (exact dates for each child to be confirmed as they do 2.5 days each)
Friday 18 th July	Break up for Summer holidays

Awards w/e 04.04.25

Owls



Dexter W
Lily V

Dominic
Jack
Adam W
Sienna P

Millie T
Edward H
Ava F
Brooke P

Gabriel A
Max D

Golden Stars



Hope C
Olivia T
George L
Oscar H
Kurtis R

Evie
Archie
Sienna
Bobby
Max P
Hamish
Felix
Ella
Meredith
Rosie

Bobby S
Isla N
Darla R-W
Teddy H
Freddie E
Evie G
Libby E
Archie A
Jacob R
Neve W

Emily A
Lucy H
Scarlett H
Sofia M
Stan O'C

Mrs P's Work of the Week

Outstanding work of the week awards for 04.04.25 goes to -

Kurtis R, Joshua H, Cole W, William B, Mia W, Lainey-Blossom S

View the work in the display cabinet under the canopy in

SCHOOL NEWS

LAST half term, the School Council met with Mr Ruse who is a sustainable schools consultant from Leeds City Council. He taught us about the different ways we make our school more environmentally friendly. We learnt a lot about the impact of climate change and how small changes can make a big difference if we all work together in school to make it happen. We look forward to putting what we have learnt into action!





ON Thursday May 8th 2025 Yeadon Westfield Junior School will be joining in the nationwide activities taking place to commemorate 80 years since Victory in Europe (VE) Day, marking the beginning of the end of World War 2.

This once in a lifetime opportunity will provide the children with a small taste of what it might have been like to celebrate this momentous occasion 80 years ago.

There are some super activities planned for the day, including 1940s-style entertainment provided by a magician; a street party on the top playground (please encourage your child to wear red, white and blue or any party clothes they may have for the day) and other fun activities in class. Further information regarding food to bring in will be provided in a separate email.

The whole school is looking forward to this wonderful celebration, when we will remember those who gave their tomorrow for our today.

SPORT NEWS

YEAR 3 FOOTBALL AGAINST ST OSWALD'S FROM FRIDAY 4th APRIL

THE girls did amazingly well, in what was their first game of football for most of them. Amelia managed to score the girls' first goal as a team, whilst Myla earned the Player of the Match award. Well done St Oswald's on their victory.



THE boys completed an excellent comeback to win for the first time as a team. Emmett scored a screamer early on, before St Oswald's took a 4-1 lead. The boys persevered, with Emmett completing his hattrick, while a goal from Bobby and an own goal completed the victory! It was an excellent team performance, with Jacob and Emmett winning the Player of the Match award.



SOME of the Year 6 children enjoying their Bikeability sessions before the Easter break -



Website Videos

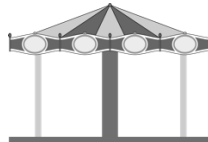
<https://www.yeadonwestfield-jun.leeds.sch.uk/>

Other staff may have uploaded videos and slideshows not mentioned here. They will have informed the children involved in them.

British Science Week All the pupils took part in British Science Week activities. There is a video for each year group at **About Us – Curriculum – Events**. They can also be seen by selecting the icon below:



Year 5/6 have been designing and building fairground rides. You can view their creations at **About Us – Curriculum – Design and Technology** or by selecting the roundabout below:



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com. Trigger Warning: This guide contains mentions of suicide, which may be distressing for some readers.

What Parents & Educators Need to Know about MAKING FRIENDS ONLINE

In today's digital world, it's increasingly common for children to form friendships with people they've never met in person. While online connections can offer children a sense of belonging, they also carry significant risks. Around 10% of children aged 10 to 18 in England and Wales have chatted online with someone they've never met face to face. This guide offers expert advice for parents and educators on helping children navigate online friendships safely.

WHAT ARE THE RISKS?

ONLINE GROOMING THREATS

Perpetrators can use games, chat apps or social media platforms to build relationships with children and gain their trust. This may quickly develop into grooming or exploitation. Between April 2017 and March 2022, UK police recorded nearly 34,000 online grooming offences – an 85% increase in just five years.

EXPOSURE TO INAPPROPRIATE CONTENT

Children may encounter distressing or explicit material while interacting with online contacts – especially via TikTok, Instagram or Snapchat. This is evidenced in a survey by the Children's Commissioner for England, which found that 48% of children aged 8 to 17 had seen content online that made them feel uncomfortable, worried or upset.

PRIVACY AND DATA RISKS

Children and young people often overshare personal details – such as where they live or go to school – without understanding the consequences. In fact, 4.4% of 13 to 18-year-olds in the UK have met up in real life with someone they'd only spoken to online.

COMPROMISED PERSONAL SAFETY

Meeting an online 'friend' in real life risks placing a child in serious danger. From abduction to coercion, the consequences can be devastating. Reports of children being harmed after such meetings are becoming increasingly common in the UK, highlighting the need for safeguarding intervention.

PSYCHOLOGICAL DISTRESS

Online harm – such as cyberbullying, grooming or exposure to disturbing content – can lead to long-term emotional issues, including anxiety, depression and PTSD. 'Storify' gangs, who threaten to release sexual information about a person unless they pay them money, have reportedly targeted children as young as 11, leaving them traumatised and isolated.

LONG-TERM REPERCUSSIONS

Children exposed to harmful online relationships early on may develop unhealthy beliefs about relationships, consent, or self-worth. In a recent case, a 20-year-old posed as a girl on Snapchat to befriend children aged 10 to 18, manipulating them into sexual activity and causing profound emotional distress. One 12-year-old tragically died by suicide, highlighting the long-term psychological harm online friendships with strangers can cause.



26 FRIENDS ONLINE NOW ✓

Advice for Parents & Educators

TEACH SAFE ONLINE HABITS

Help children understand how to use privacy settings, protect their personal information, spot fake profiles, and report anything suspicious or concerning. It's pressure free. Encourage them to think critically about what they share – and when they're logging in.

ENCOURAGE REAL-WORLD CONNECTIONS

Support children in building friendships through school, clubs, hobbies and activities in the real world. Strong offline relationships help reduce children's reliance on online platforms for social interaction, and can help them develop resilience and social confidence.

KEEP CONVERSATIONS OPEN

Let children know they can talk to you about their online life. Avoid reacting with anger or judgement, as this may prevent them from speaking up in the future. A child who feels listened to is more likely to disclose problems before they escalate.

USE PARENTAL CONTROLS

Parental control settings on devices, games and apps can help manage screen time, filter out inappropriate content, and monitor activity. While no system is perfect, they provide a valuable layer of protection as children explore digital spaces.

Meet Our Expert

Collette Bunn is a safeguarding consultant with over 20 years' experience in supporting children, families, and adults across education, local authority, and mental health settings – both in the UK (including at Parliamentary level) and internationally.



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RECIPE OF THE MONTH

WELCOME to April's recipe of the month 'Pizza Twists' which comes from the TV programme Batch from Scratch and Lidl. If you have a go at making them, we'd love to see your photos, send them to office@yeadonwestfieldjuniorschool.co.uk and will put them on the school Facebook page and in this Newsletter!

PIZZA TWISTS

Ingredients

375g/1 sheet of puff pastry
2tbsp tomato pasta sauce
140g grated mozzarella cheese
½ a 30g pack of fresh basil
1 egg (beaten)
2tsp dried oregano



INSTRUCTIONS

- 1) Unroll the puff pastry with the long side towards you on your work surface. Cut down the middle to make two halves. Spread the tomato sauce all over one half, then sprinkle the cheese over the top. Pick the basil leaves and scatter over the tomato sauce and cheese. Lay the other puff pastry half on top, pressing down, and, using a knife, cut into 8 strips
- 2) Take each strip and twist it by holding one end and twisting with the other. Brush each twist with beaten egg and sprinkle with oregano.
- 3) Preheat the oven to 200C/180C Fan/Gas 6. Place the twists on lined baking trays, spaced apart, bake for 20 to 25mins or until puffed and golden.

For more information visit the website [here](#)

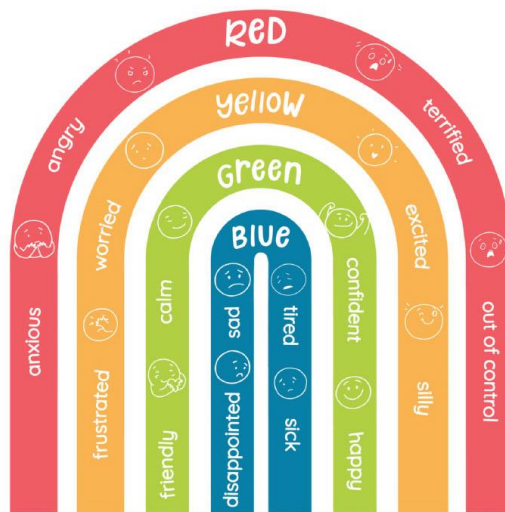
PLEASE see below some of the free printables from Big Life Journal (BLJ). These freebies are designed to help you help your child to become more resilient, kind and confident. BLJ issues freebies every Friday, to sign up for them click [here](#).



Page 1 of 6
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Big Life Journal

Where is your feeling on the rainbow?



Page 3 of 6
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ALL
my
feelings
ARE OK

Page 2 of 6
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CLOUD
breathing



Trace the cloud as you breathe in and out.
Think about someone you love while breathing.

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THERE is a super opportunity for parents to take their children to the England Para Athletics Talent Day at Leeds Beckett University in May.

This is an event for athletes aged five to 25 with a physical, intellectual or visual disability, to try out Track & Field in a fun, supportive environment. It's all about having fun and most importantly it's free!

It takes place on 17th May at Leeds Beckett University, Headingley Campus. No experience is necessary but registration is required.

They are also scouting for the Street 2 Stadium Programme. For further information click [here](#) or contact vivianlewis@englandathletics.org

STREET 2 STADIUM

**PARA ATHLETICS
STREET 2 STADIUM
TALENT ID DAY**

 Saturday 17 May

 Leeds Beckett University

 2pm - 5pm

 vivianlewis@englandathletics.org

CITY of Leeds Basketball are excited to announce a free basketball clinic and 3x3 experience exclusively for young women in Leeds on Saturday 3rd May 2025.

The 'Her World, Her Rules' (HWHR) initiative is FIBA's largest and most recognised grassroots program globally. An exciting and unique project, it has an extensive and incredible track record of successfully raising awareness and promoting women's and girls' basketball across the globe.

Join us for this free session designed to introduce girls to the game of basketball and develop their knowledge of the game and the 3x3 format. This will be a fun morning of skills, drills, activities and game play, with prizes to be won.

All girls will receive a free FIBA Her World Her Rules t-shirt to take away with them.

Book now through the link below ↓

6-10 Year Olds - <https://city-of-leeds-basketball-club.classforkids.io/info/264>

11-15 Year Olds - <https://city-of-leeds-basketball-club.classforkids.io/info/265>



FIBA
We Are Basketball

BASKETBALL ENGLAND

THE CITY OF LEEDS BASKETBALL CLUB PRESENTS
FREE ALL-GIRLS BASKETBALL CLINIC & 3X3 EXPERIENCE

HER WORLD, HER RULES

SATURDAY 3RD MAY 2025

09:00-11:00 | 6-10 YEAR OLD GIRLS
11:00-13:00 | 11-15 YEAR OLD GIRLS

ALLERTON HIGH SCHOOL, KING LN, LS17 7AG

BOOK NOW AT [COLBC.CO.UK/SESSIONS](https://colbc.co.uk/sessions)



TAKE 3

A COURSE FOR PARENTS OF 10 - 18 YEAR OLDS

**WHEN: EVERY THURSDAY (TERM
TIME ONLY) STARTING 8TH MAY
2025, 9.30AM - 12PM, UNTIL
THURSDAY 10TH JULY 2025**

**WHERE: AIREBOROUGH FAMILY
SERVICES, ALBION HOUSE,
RAWDON PARK, YEADON,
LS19 7XX**



WHAT IT'S ABOUT

Take 3 is a course designed to improve relationships between young people and their families. We aim to show that successful parenting, through providing nurture and structure, can only be implemented successfully if parents value themselves.

DATES

8th, 15th & 22nd May, 5th, 12th, 19th & 26th June, & 3rd & 10th July.

FURTHER INFORMATION & TO REGISTER

Contact Karen Coburn
(07916 257862) / karen.co-
burn@aireboroughxs.co.uk

EMPOWERING PARENTS TO HELP CHILDREN THRIVE



Bounce Forward, in collaboration with the Harry Kane Foundation, are gifting a series of six online sessions that equip parents with the knowledge and tools to foster mental resilience and emotional wellbeing for themselves and their children.

What we'll cover

- How the brain works, the link between thoughts, feelings and behaviour
- Nurturing optimism and thinking flexibly to overcome adversity
- Helping children gain more control over how they feel and behave
- Developing empathy
- How to connect meaningfully
- Enabling a growth mindset and focusing on strengths

17,000+ parents highly rate this programme

"It was so amazing, I looked forward to the sessions each week, learnt a lot of mind blowing information, that I have applied to my life and have seen improvements! Wish there was more sessions, so sad that it has ended! I have loved learning about my strengths, the ABCs, process praise, the growth mind set, being aware of my gremlins, it has been wonderful learning, and these sessions have been apart of my self care! Thank you ever so much!"

[REGISTER HERE](#)

Harry Kane Foundation is a restricted fund under the auspices of Primus the 10th Fund (Reg. charity number: 1099482)

Monthly information drop in for parents and carers



A monthly drop in for parents and carers to speak to services to receive information and advice about what is available in Leeds to support their family.

- Leeds Local Offer
- SENDIASS
- Leeds Parent Carer Forum
- Carers Leeds
- Child Health and Disability Team (CHAD)
- Leeds Speech and Language Service

Dates and times of drop in

- No drop in March 2025 due to Leeds Local Offer Live event on Wednesday 26th March, 10am till 3pm at Pudsey Civic Hall.
- Wednesday 2nd April, 10.30 till 12.30 at NSPCC, 5th Floor, St John's Offices, Albion Street, LS2 8LQ
- Wednesday 21 May, 10.30 till 12.30 at Plus Net, 17 Marlborough Street, Leeds, LS1 4PE
- Wednesday 18th June, 10.30 till 12.30 at Plus Net, 17 Marlborough Street, Leeds, LS1 4PE
- Wednesday 9th July, 10.30 till 12.30 at Plus Net, 17 Marlborough Street, Leeds, LS1 4PE
- No drop in during the summer holidays
- Wednesday 17th September, 10.30 till 12.30 at Plus Net, 17 Marlborough Street, Leeds, LS1 4PE
- Wednesday 15th October, 10.30 till 12.30 at NSPCC, 5th Floor, St John's Offices, Albion Street, LS2 8LQ
- Wednesday 19th November, 10.30 till 12.30 at Plus Net, 17 Marlborough Street, Leeds, LS1 4PE

Each drop in will host a workshop for parents and carers.

If you require further information about the drop in sessions please email LLO@leeds.gov.uk or join the Leeds Local Offer [facebook group](#).